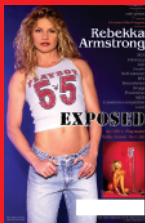




— courtesy of Playboy.  
copyright 1998 Playboy.



**EXPOSED: An HIV Playboy Playmate Talks About Her Life**

**A lecture-video program**

**Rebekka Armstrong grew up in a small California desert town where she preferred riding motorcycle racing to playing with dolls and by the age of 14, was stacking up trophies. At 18, she aspired to become a Playboy Playmate and, against all odds, was chosen out of hundreds of thousands of young women to become a centerfold. Miss September '86 became an immediate fixture in the star studded world of Hollywood bringing her all she could desire — movie deals, commercials, modeling, traveling, parties, earning a six figure income and having a beach house. It seemed a time when nothing could harm her.**

But as time passed Rebekka began to suspect that there was something amiss as she became fatigued easily and plagued with a general feeling of malaise. She went to the doctor for a battery of tests. On a whim, she also asked to be tested for HIV, never once thinking that the test might come back positive. Then she learned she had contracted HIV. Within three and a half years she had full blown AIDS. Weakened by recurring infections and numbing her anguish with drugs and alcohol, she was hardly in any condition to work, but kept her illness a secret. Depressed and feeling little hope for survival, she tried to take her own life, spending 36 hours in a coma. When she awoke, she made the choice to learn to live with the virus, and to fight to live a full life.

After a period of hiding the affects of the disease and the destructive effect of having to keep such a horrible secret, Rebekka decided to go public in a 1994 cover story for The Advocate. She has since dedicated herself to preventing others from making the mistakes of unsafe sex or drug use; teaching people about the reality of AIDS and how to prevent it. Oddly she did not become infected leading the wild life under the bright lights of Hollywood but rather years before from having unprotected sex as a teen with a young man she had met on a summer beach vacation.

Rebekka has lectured extensively and has represented the Playboy Foundation's College Campus Safer Sex education program. She is the spokesperson for Cable Positive. She has been the subject of a segment of E! True Hollywood Stories and profiled for the Discovery Health Channel. A drama documentary about Rebekka's remarkable life is being filmed by the celebrated director Antonia Bird. She remains a working Playboy Playmate representing the organization in its many events. While having the virus for over 17 years, she is actively involved in physical fitness and in excellent health. Rebekka lives in Los Angeles.

“Your presentation was absolutely fabulous!!! Our sorority attended as a group and every member expressed their sincere admiration. You are an inspiration to me and I will continue to get HIV tested as much as I need to. Unfortunately, I have had unprotected sex, but after hearing your story, I will not in the future.... you were the best speaker I have ever heard!”

— Junior, University of Miami

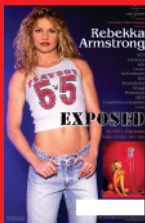
**FOR SCHEDULING,  
CALL TOLL-FREE:  
800.743.9182**

email: [info@creativewell.com](mailto:info@creativewell.com)  
website: [www@creativewell.com](http://www@creativewell.com)

**CREATIVWELL, INC.  
P.O. BOX 3130  
MEMORIAL STATION  
UPPER MONTCLAIR, NJ 07043**



— courtesy of Playboy.  
copyright 1998 Playboy.



“Thank you for coming to our campus and sharing your message with our students. I found your talk to be very frank and honest. I think you speak right to the hearts of students. I especially liked the two video clips... It takes incredible courage and strength to share such a private side of your life for the good of others. You, no doubt, have saved many lives and helped young people make better choices for themselves.”

— John R. Shafer  
Director of the Counseling and Health Center & Assistant Professor of Fine Arts  
Franklin College of Indiana

**FOR SCHEDULING,  
CALL TOLL-FREE:  
800.743.9182**

email: [info@creativewell.com](mailto:info@creativewell.com)  
website: [www@creativewell.com](http://www@creativewell.com)

**CREATIVWELL, INC.  
P.O. BOX 3130  
MEMORIAL STATION  
UPPER MONTCLAIR, NJ 07043**